

Preparing to Arrive at Pavillon

To make your arrival at Pavillon as smooth and stress-free as possible, please use these important tips to help you prepare.

- Limit bags to: ONLY one suitcase and one small, carry-on-size bag. (Please do not overpack! Additional bags, purses, knapsacks, backpacks and/or suitcases will not be included (returned home) in the admission process.)
- Insurance Card, Picture ID, and \$600 for a spending account (Preferably a check but can be credit card.)

What should you pack?

Footwear: Tennis shoes, hiking boots, flip flops or slides

*Clothing: Comfortable, wash and wear clothing (Laundry facilities, including supplies, are available for patient use. Iron and ironing boards are also available.)

**Appropriate attire includes jeans, casual slacks, sport shirts, jogging suits/joggers, shorts, t-shirts, and hoodies.

***Inappropriate attire and therefore not allowed: open shirts, tight clothing, short shorts, cut off shirts, tops with spaghetti straps, low necklines, midriff/tight/overly revealing tops or bottoms, clothing that depicts alcohol, drugs, sex, and/or violence.

This list is not all inclusive and Pavillon reserves the right to deem clothing as inappropriate at any time by clinical staff. Inappropriate clothing will be kept secure until a patient's departure.

Items to leave at home:		Items to consider bringing with you:
<ul style="list-style-type: none"> • Controlled medications • Backpacks • Food and/or beverages • Over-the-counter medications • All dietary supplements, salves, creams and ointments • CBD oil or products • Drug paraphernalia • Vehicle keys (if you drive yourself, these will be secured upon admission) • Recreational reading materials (magazines, books, novels, game books, etc.) • Journals with writing in them (blank ones are fine) • Laundry detergent, fabric softener or bleach • Pillows and blankets • Space Heaters • Vaping supplies, matches, lighters • Nicotine in any form • Nail polish and remover 	<ul style="list-style-type: none"> • Any product that has alcohol as the first or second ingredient (if the first ingredient is water, then alcohol cannot be one of the first three ingredients) • Aerosol products • Fragrances (perfume, body spray, aftershave, room spray, etc.) • Self-tanning lotion or spray • Flushable wipes • Hair dye • Travel size toiletries • Straight razors or double-sided razor blades • Sexual devices, including condoms • Weapons, guns, knives, mace or pepper spray • Smart watches • Cameras/recording devices • Musical Instruments • Essential oils 	<ul style="list-style-type: none"> • A Device that may be needed for two factor authentications (banking, etc.) • Watch (digital or analog) • Sunscreen (no aerosol) • Lightweight jacket or sweater (year-round) • Heavy/winter coat (winter months) • Gloves (winter months) • Hat or beanie

If you have questions about preparing to arrive, please contact the Admissions department.

What to expect during the Intake Process:

- Your belongings will be thoroughly searched. Any articles deemed inappropriate by staff will be kept secure until your departure or disposed of if items are illegal or not allowed.
- All electrical items, (hair dryers and curling irons) will be checked for safety before you may access them.

Following the Intake Process: You will be examined by our nursing and medical staff.