

## Pavillon Preparing to Arrive

- ◇ You are allowed to bring one suitcase and one small, carry on size bag. Additional bags, purses, knapsacks, backpacks and/or suitcases, etc. will be sent home and not included in the admissions process.
- ◇ During the admissions process, you will be examined by our medical staff.
- ◇ Your belongings will be thoroughly checked.
- ◇ Any articles deemed inappropriate by staff will be kept secure until your departure.
- ◇ All electrical items, such as hair dryers and curling irons, will be checked for safety before you will have access to them.
- ◇ Dress should be casual and in good taste. Appropriate attire includes: jeans, casual slacks, sport shirts, skirts and dresses which are knee length or longer, jogging suits, appropriate length shorts, such as Bermuda/walking shorts.

\*\*\*Please do not over pack. More than one suitcase and a carry on size bag will be turned away upon your arrival. At our discretion, items may be shipped to your home at your expense. This includes items on the list of what to leave at home.\*\*\*

### WHAT TO LEAVE AT HOME:

- Purses, knapsacks, and backpacks
- Food and/or beverages
- Over the counter medications
- Any and all dietary supplements, salves, creams, and ointments
- Drug paraphernalia
- Vehicle keys (if you drive yourself, these will be secured upon admission)
- Recreational reading materials (magazines, books, novels, game books, etc.)
- Journals with writing in them (blank ones are fine)
- Laundry Detergent, Fabric Softener, or Bleach
- Pillows and Blankets
- Any product that has alcohol as the first or second ingredient (If the first ingredient is water, then alcohol cannot be one of the first three ingredients.)
- The following toiletries:
  - No aerosol containers (hairspray, deodorant, etc.)
  - Mouthwash (non-alcohol is okay)
  - Hand Sanitizer
  - Self-tanning lotion
  - Body spray, cologne, aftershave, perfume
  - Travel size toiletries with no ingredients listed
  - Flushable wipes
  - Hair dye
- The following clothing:
  - Tank Tops
  - Halter tops
  - Clothing that depicts tobacco products, alcohol, drugs, or sex
  - Clothing with inappropriate language or slang
  - Short shorts
  - Running shorts

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WHAT TO LEAVE AT HOME continued:

- Electronics and accessories:
  - Cell phones, pagers, chargers, iPads, laptops, tablets, etc.
  - Electronic games
  - Radios of any kind (clock radios, iPod, MP3 players, etc.)
  - DVD's
  - CD's
- Straight razors or double sided razor blades
- Photos that have people with explicit or skimpy clothing or that contain alcohol, drugs, or tobacco products
- Sports Equipment/Exercise Equipment
- Sexual devices, including condoms
- Candles or incense
- Weapons, guns, knives, mace, pepper spray
- Cameras, camcorders, audio equipment
- Shoe polish
- Knitting needles, crochet hooks
- Musical instruments
- Space Heaters
- Matches/lighters
- Vaping products (e-cigarettes, Juul, vape pens, etc.)
- CBD oil or other products
- Tobacco products (smokeless tobacco, snuff, dip, cigarettes)
- Clothing iron or steamer
- Flashlights, night lights, etc.
- Anything more that will not fit into one suitcase and a carry on size bag.

WHAT TO BRING: (Limit to 1 (one) suitcase and 1 (one) carry on size bag (no backpacks, knapsacks or purses))

- \$300 in cash for spending money
- Insurance Card
- Picture ID
- Phone cards
- Suggested Clothing for the Wellness Program:
  - Sweatpants/shorts (knee length or longer)
  - Tennis Shoes/hiking boots (for walking and hiking)
  - Flip-flops
  - Loose Fitting T-Shirts
- Suggested Clothing:
  - Limited amount of comfortable, wash and wear clothing. (Laundry facilities, including supplies, are available for patient use. Iron and ironing boards are available as well.)
  - Bras are required attire for women.
  - Bathing Suit (women's must be a one-piece)
- Sunscreen
- A lightweight jacket or sweater (year-round)
- Heavy/winter coat (winter months)
- Leggings may be worn only with a shirt/blouse that reaches mid-thigh in length

For questions, please contact the admissions staff at 1-800-392-4808.