

Schedule of Events for Women's Retreat, March 12 – 14

Friday, March 12th.

6 pm - Meet and check in. Light hors d'oeuvres served in the dining room
7 pm retreat overview – Alumni House

Saturday, March 13th

8 am to 8:30 am - breakfast
9 am to 11 am - session one with Julie
11 am to 2 pm - lunch and individual/group assignments, (lunch served at noon)
2 pm to 5 pm - session two with Julie
5 pm to 5:30 - free time
5:30 pm - dinner in the dining room.
5:30 pm to 7pm - retreat wrap up with Julie

Sunday March 14th

8 am to 8:30 am – breakfast
8:45 am to 9:30 am - yoga
10:30 am to 11:30 am – spirituality group in the main building
Noon - depart for home