

## THE AGENDA:

- 8 - 8:30am Registration
- 8:30 - 8:45am Welcome & Introductions
- 8:45 - 10:30am **Neurobiology of Substance Use Disorders**, Susan Holman, MD
- 10:30- 10: 45am Break
- 10:45 - 12:15pm **Addiction, Spirituality & Healing**, Marilyn Malcolm, D Min
- 12:15 - 1:15pm Lunch provided by Buncombe St. United Methodist Church, \$5 per person
- 1:15 - 2:30pm **Substance Use Disorder Treatment & Recovery**, Cathy Jaggars, MEd, MAC
- 2:30 - 2:45pm Break
- 2:45 - 3:30pm **Substance Use Disorder Treatment & Recovery**, Cont'd
- 3:30 - 4:30pm **Panel Discussion, Next Steps: Turning Knowledge into Action**  
Chris Cox, LPC, NCC, MAC, Fellow AAPC

*\*NOTE: Free parking available in the lot between First Presbyterian Church and Buncombe Street Church located between Buncombe Street and Academy Street*

## SPONSORSHIP PARTNERS:



A Center for the Treatment of Alcoholism and other Drug Addictions

**Register Now!**

Return Service Requested

Pavillon International  
P.O. Box 189  
Mill Spring, NC 28756

Buncombe St. United Methodist Church  
Sisk Hall  
**Spiritual Care Giving**  
Understanding Addiction & Recovery  
Within the Faith Community

**March 26, 2010**

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## Spiritual Care Giving

### Understanding Addiction & Recovery Within The Faith Community



A one-day workshop to learn how to understand & identify addiction & support recovery

**Friday, March 26, 2010**  
Buncombe Street United  
Methodist Church (Sisk Hall)  
200 Buncombe St.  
Greenville, SC 29601  
8am - 4:30pm

Join your colleagues for this **FREE**, inter-denominational workshop designed especially for clergy, pastoral counselors, lay ministers & professionals who want to enhance their ministries and deepen their pastoral relationship with individuals & families impacted by addiction. **Six hours of substance abuse-specific continuing education are approved.**

**Register by phone: 864.241.6688**  
**By Email: [greenvilleinfo@pavillon.org](mailto:greenvilleinfo@pavillon.org)**

*\*Hotel Information Available Upon Registration*

**Neurobiology of Substance Use Disorders**

Susan Holman, MD, ASAM

Long-standing research, which reveals that addiction is a brain-based disease, replaces speculation with sound, science-based evidence. Such data points to the neurological basis of addiction and complex actions in the brain's chemistry deepen our understanding of why addiction wreaks havoc on those with this disorder.

**Areas of Focus Include:**

- Bio-psycho social nature of addiction
- Neurochemistry of addiction
- Genetics of addiction
- Post acute withdrawal
- Triggers & cross addiction

**Addiction, Spirituality & Healing**

Marilyn Malcolm, BSN, MA, LPC, D. MIN

Addiction interferes with the capacity of individuals and families to develop and sustain a meaningful spiritual life. Clergy and other pastoral ministers have an array of opportunities to address these problems and lead hurting families to recovery, support and healing.

**Areas of Focus Include:**

- How addiction erodes spiritual development
- The importance of spirituality in recovery
- Appropriate pastoral interactions
- Values, issues & attitudes regarding chemical dependence in your own family
- Developing a supportive congregation
- How prevention benefits the larger community and your congregation

*\*Six hours of substance abuse specific continuing education credits are approved.*

**Substance Use Disorders, Treatment & Recovery, Cathy Jaggars, MEd, MAC**

This session will provide insight into substance use disorders and strategies for intervention, resources, 12-Step programs, treatment and recovery.

**Areas of Focus Include:**

- General understanding of 12-Step Programs
- Societal stigma attached to addiction
- Characteristics of withdrawal
- Effects on the individual & family
- Stages of recovery
- Recognizing possible disease indicators
- Understanding benefits of early intervention
- Community resources and continuing care
- SBIRT "Screening, Brief Intervention and Referral to Treatment."

**Afternoon Panel Discussion,**

Chris Cox , LPC, NCC, MAC, AAPC

Chris will lead a panel discussion with two individuals affected by substance use disorders who will share how their recovery was impacted by their faith communities. The discussion will tie together information learned during the conference with practical steps that can be used by participants.

**THE PRESENTERS:**

**Susan Holman, MD,** is Medical Director for Pavillon, a non-profit residential center for the treatment of addiction and co-occurring disorders in Western North Carolina. Dr. Holman is a diplomat of the National Board of Medical Examiners, the American Board of Internal Medicine and is board certified in Internal Medicine and Addiction Medicine. She is a member of the American Society of Addiction Medicine and is vice president of the North Carolina Society of Addiction Medicine.

**Marilyn Malcolm, BSN, MA, LPC, D. MIN**

is the Spiritual Care Coordinator at Pavillon. In addition to her involvement with patients and alumni, she works with the Family Program and has taught on spirituality in Outpatient Services. She holds credentials in Spiritual Formation from the Institute for Spirituality at Palmetto Health Hospital, and has served as a counselor. She has worked in private practice as a spiritual director and has a master's degree in counseling from Gordon-Conwell Seminary, and a doctorate in Pastoral Counseling from Graduate Theological Seminary.

**Chris Cox , LPC, NCC, MAC, AAPC**

has a Bachelor of Arts from Ohio Wesleyan University, a Master of Divinity from Duke University and a Master of Sacred Theology in Pastoral Counseling from Yale University. His training includes a Clinical Pastoral Education Residency at Duke Medical Center and advanced pastoral counseling training at the Presbyterian Samaritan Counseling Center in Charlotte, NC. Chris has provided counseling in Upstate South Carolina for over 17 years. Prior to his pastoral counseling practice he served as a pastor and hospital chaplain. He is an ordained United Methodist minister in the South Carolina Conference of the United Methodist Church.

**Cathy Jaggars, MEd, MAC** has worked in the addictions field for over 25 years. Her education includes an undergraduate degree in Psychology from the College of Charleston, a Master's degree in Human Resources Management from Pepperdine University, and a Master's degree in Counseling and Personnel Services from the University of Maryland. She is credentialed through the state of South Carolina as a Certified Clinical Supervisor, and nationally as a Master Addiction Counselor. She retired as a Lieutenant Colonel from the U.S. Marine Corps, and has worked in addiction treatment both in military and civilian settings.